

## **I have been told that my child is having difficulty learning to read. What can I do to help?**

Most children who experience difficulty at the early stages of learning to read do not experience difficulties over the long term. To try to ensure that early difficulties do not become long-term difficulties, it is important to make sure that the child receives extra help with reading in school.

Additionally, provide the child with lots of non-stressful opportunities to practice his developing skills at home.



Listening to your child read and talking with him about what he is reading are extremely important ways to support his development. Also, depending on what your child already knows and what he is ready to learn, there are a variety of game-like practice activities that can be used to help him practice such things as the names and sounds of letters and how to read and write high frequency sight words. Descriptions of these games can be found at [www.albany.edu/crsc/parents](http://www.albany.edu/crsc/parents).